

## HOW OFTEN do you exercise? (2)

*This sheet deals with how many times a day/week/month/year that you do something.*

### **How Often do you + Verb**

**ex.)** How often do you exercise? I exercise 5 times a week.

(This means that I exercise 5 days every week)

*\*If you don't do this action, you can say: I **never** (exercise).*

**ex.)** How often do you shoot a gun? I never shoot a gun.

*\*\*When you want to say 1 time- we say: **once** ; 2 times- we say: **twice***

**ex.)** How often do you go shopping? I go shopping once a week.

*\*\*\*When you want to say that you do something once in 2 or 3 months:*

*We say: ...once **every** 4 years.*

**ex.)** How often are the Olympics? They are once **every** 4 years.

*Write about how often you do these things:*

How often do you:

**ex. 1) (exercise) I exercise 5 times a week.**

**ex. 2) (go dancing) I go dancing once every 3 weeks.**

**ex. 3) (go fishing) I never go fishing.**

1. (do the laundry) \_\_\_\_\_

2. (ride the bus) \_\_\_\_\_

3. (clean your bathroom) \_\_\_\_\_

4. (go to karaoke) \_\_\_\_\_

5. (drink alcohol) \_\_\_\_\_

6. (use Zoom) \_\_\_\_\_

7. (eat sushi) \_\_\_\_\_

8. (go to the market) \_\_\_\_\_

9. (do volunteer work) \_\_\_\_\_

10. (eat convenience store food) \_\_\_\_\_

11. (watch TV) \_\_\_\_\_

12. (study English) \_\_\_\_\_

13. (swim in a pool) \_\_\_\_\_

14. (swim at the beach) \_\_\_\_\_

14. (talk on the phone) \_\_\_\_\_

15. (iron clothes) \_\_\_\_\_