

“PLAY” Sports Rules! (Int 1)

*Essentially, if a sport uses a **ball** (or something like a ball)
You can say “**Play**”! If **no ball**, then you can't say “**Play**”!!*

*Ball sports tend to be nouns, so **play** is the verb for these words:*

ex. play baseball, soccer, darts, badminton, hockey, **golf**, etc.

Non-ball sports are often nouns and verbs, so the word “play” is not used.

ex. ski, snowboard, jog, swim, **golf**, etc.

****These are sometimes used with the word “go” + v-ing form.**

ex. Let's **go swimming** at the beach on Saturday.

****Exceptions: “Go” bowling. Or use bowl as a verb.**

I love **going bowling** and last night I **bowled** a 240-point game.

“Do” martial Arts (karate, kung fu, etc.), aerobics, ballet, etc.

Dave has been **doing tae kwon do** for 10 years.

*Choose **play, playing, go, do, etc.** or leave it **blank** for the following:*

ex.1) Nancy started doing ballet when she was just 4 years old.

ex.2) Have you ever ---- run a full marathon?

1. How long has Ed been _____ rugby? I thought he _____ tennis.
2. Kimberly has been wanting to _____ boxing for years.
3. Can you _____ bowl? Why don't we _____ bowling this Friday!
4. Rich can _____ darts really well. He used to be a dart champion.
5. Adam's favorite winter activity is _____ skiing, and in the summer, he _____ beach volleyball or _____ mountain bikes.
6. Are many boys interested in _____ ballet dancing?
7. We _____ pool for 7 hours last night. Then we _____ ping pong.
8. I really love to _____ golf early in the morning before school.
9. Bruce Lee inspired thousands of young people to start _____ martial arts.
10. Can you _____ snowboard? Let's _____ snowboarding one day?
11. How often do you _____ aerobics at the gym? I usually just _____ run on the treadmill a few times a week and _____ a little weight training.
12. Because of the Olympics, people started to enjoy _____ badminton.
13. Which is better for exercise, _____ judo or _____ boxing?
14. Erica loves _____ rollerblading along the beach and watching the cool guys _____ surf the big waves.
15. Bill usually _____ jet skis or _____ water skiing on weekends.
16. Have you ever _____ frisbee in the park? I _____ it with my dog.
17. I go to the pool and _____ high dive 5 days a week.
18. Lisa has been _____ roller hockey for 10 years and can _____ skate very well. She hopes to _____ hockey on her university team.
19. The newly married couple decided to _____ sky diving and even learn to _____ wakeboard on their honeymoon.
20. Mark wants to _____ professional basketball for a living one day.